Conception Vessel Meridian Acu-Points Chart

**Conception Vessel Flow**

This meridian, has a major role in Qi circulation, monitoring and directing all of the Yin channels.

It forms a circular entity with the Governing Vessel.

In Qigong society, the Conception Vessel and the Governing Vessel are considered the most important among the Qi channels and vessels, and must be trained first.

Whereas the Governing meridian runs from the tailbone upwards along the midline of the back through the vertebrae to the head, this Meridian runs up the anterior (front) of the body, from the pubic area to the mouth.

**Conception Vessel Acu-Points**

CV1 - Huiyin - This Acu-point has particular and special qualities but because of its location is not much used. Other points share some of its qualities, such as CV2.

CV2 - Qugu - Irregular menstruation, unsmooth urination, seminal emission, impotence.

CV3 - Zhongji - Irregular menstruation, unsmooth urination, seminal emission, impotence, prolapse of the uterus.

CV4 - Guanyuan - Diarrhea, irregular menstruation, sterility, frequent urination, anuria, seminal emission, impotence, hernia.

CV5 - Shimen - Abdominal pain, edema, unsmooth urination, diarrhea, hernia.

CV6 - Qihai - Abdominal pain, edema, unsmooth urination, diarrhea, constipation, hernia. Powerful revitalising and reinvigorating point.

CV7 - Yinjiao - Lower back pain, knee pain, constipation, irregular menstruation, menstrual cramps, infertility.

CV8 - Shenque - Abdominal pain, diarrhea, prolapse of rectum, edema and prostration.

CV9 - Shuifen - Abdominal pain, regurgitation, vomiting, diarrhea, anuria and edema.

CV10 - Xiawan - Abdominal pain and distension, dyspepsia, vomiting, diarrhea and abdominal mass.

CV11 - Jianli - Stomachache, abdominal distension, vomiting, poor appetite and edema.

CV12 - Zhongwan - Stomachache, abdominal distension, vomiting, hiccup, acid regurgitation, jaundice, diarrhea, edema, anorexia, dyspepsia, depressive and manic psychosis, postpartum syndrome, insomnia and asthma.

CV13 - Shangwan - Stomachache, abdominal distension, vomiting and epilepsy.

CV14 - Juque - Angina pectoris, palpitation, amnesia, vomiting, acid regurgitation, hiccup, jaundice, depressive and manic psychosis and epilepsy.

CV15 - Juwei - Angina pectoris, palpitation, vomiting, cough, asthma, chest pain, abdominal distension, diarrhea, hiccup, jaundice, depressive and manic psychosis and epilepsy.

CV16 - Zhong Ting - Chest and intercostal distention and pain, hiccups, nausea, anorexia and difficulty ingesting.

CV17 - Tanzhong - Cough, asthma, chest pain, angina pectoris, palpitations, insomnia, insufficiency of lactation, vomiting.

CV18 - Yutang - Cough, asthma, chest pain and vomiting.

CV19 - Zi Gong - chest issues - pain, cough, asthma, vomiting and difficulty ingesting.

CV20 - Hui Gai - chest issues - pain, asthma, wheezing, cough and difficulty ingesting.

CV21 - Xuanji - Cough, asthma, chest pain and sore throat.

CV22 - Tiantu - Cough, asthma, chest pain, sore throat, sudden loss of voice, gullet, obstructive sensation in throat.

CV23 - Lianquan - Sublingual swelling and pain, sluggish movement of tongue, drooling, sudden loss of voice and difficulty swallowing.

CV24 - Chengjiang - Facial distortion, swelling and pain of gums, drooling and epilepsy.